

# Screening and Assessment

Screening for alcohol and/or drug misuse is critical to the prevention of or early intervention in addiction. For those at risk of developing a serious problem with drinking or drugs, the identification of early warning signs can be enough to change negative drinking or drug use habits. For others, these assessments are important first steps toward treatment of and recovery from addiction.

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## SCREENING TOOLS FOR PROVIDERS: SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT

Substance Abuse and Mental Health Services Administration  
ASAM SBIRT Training for Primary Care Providers (CME)  
ASAM SBIRT for Employee Assistance Program Professionals  
Drug Testing as a Component of Addiction Treatment and Monitoring Programs and in Other Clinical Settings (an ASAM Public Policy Statement)  
Workplace Drug Testing/MRO  
NIDAMED Screening Tools and Resources  
NIAAA Alcohol Screening and Brief Intervention for Youth

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## SCREENING TOOLS FOR CONSUMERS

Should You Talk to Someone About a Drug, Alcohol or Mental Health Problem? (SAMHSA brochure)  
Rethinking Drinking: Alcohol and Your Health (National Institute on Alcohol Abuse and Alcoholism)